You need to provide some sort of introduction prior to asking people to respond to your questionnaire. You may refer to your classmates’ wiki. A few have good examples

Questionnaires

SECTION A: Demographic information

??????????????????????

SECTION B: ????

1. How old were you when you started smoking?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Smoking makes me feel like a…

a. grown-up

B. lmacho man,

C. part of the “in-crowd”

d. rebellious person as a sign of being independent

1. Have you ever tried to quit smoking?

Yes

No. \_\_\_\_\_\_\_\_\_\_ (Circle)

1. If yes, how

When? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ How long did you stay off?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What did you learn from this relapse?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How much do you smoke now?

Number of Cigarettes\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What do you like about smoking? Relaxation, a break, stress-relief, concentration, it’s a friend, the smell, something to do with my hands, it’s just a habit. (Circle and add others.)

What activities do you associate most with smoking? Waking up, coffee, after meals, phone, driving, TV/computer, breaks, relaxing, alcohol, partying. (Circle and add others.)

Where do you smoke? Indoors, porch, outside, work, driving. (Circle and add others.)

Do any feelings trigger your smoking? Stress, frustration, boredom, loneliness, anger, sadness, need to concentrate, wanting to be like the others. (Circle and add others.)

Does anyone in your household smoke?

YES

NO

If yes, Who?

Does anyone nag you about quitting? Who?

Who supports you in quitting?

“I want to stop smoking because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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What do you dislike about smoking? (Circle and add others.)

Health problems/worries: lung disease, shortness of breath, cough, cancer, heart, blood pressure, low energy, medications, oxygen, Doctor’s concerns, wrinkles, early death.