**Survey Questionnaire**

**TO STUDY THE SMOKING BEHAVIOR AMOUNG GAMBANG**

**UNIVERSITY MALAYSIA PAHANG (UMP) STUDENTS**

Introduction

Good morning/afternoon/evening

We are conducting a survey to analyze the habit of smoking among students from University Malaysia of Pahang. This survey is a part of a project to be submitted as the course requirement for the UHL 2332 Academic Report Writing. Our targeted respondents are students from various faculties in Gambang. This questionnaire consists of 14 questions. We kindly ask for a little moment of your time and attention from your behalf to participate in this survey. Your responses are voluntary and will be kept confidential. Your feedback is important in order for us to collect data and pursue our study further. If you have any queries or concerns, please do not hesitate to contact any one of us. Your sincere cooperation is appreciated. Data collected is confidential and will be used for academic purposes only. Thank you.

Group Members:

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**Section A: Demographic Information**

**Instrcution: Please tick (√) to your answer**

1. Faculty

|  |  |
| --- | --- |
|  | Chemical Engineering & Natural Resources |
|  | Civil Engineering & Natural Resources |
|  | Industrial Science & Technology |

|  |  |
| --- | --- |
|  | Computer System & Software Engineering |
|  | Technology |

2. Age

19 – 20 years old

20 years old

21 years old

22 years old

23 years old

24 years old

25 and above

3. Ethnic

|  |  |
| --- | --- |
|  | Malay |
|  | Chinese |
|  | India |
|  | Others. Specify.......................... |

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4. Gender

Male Female

**Section B: The factors that lead …..**

1. How old were you when you started smoking?

A.10-12 years old

B.12-15 years old

C.15-17 years old

D.17-19 years old

E.19 and above

2. Smoking makes me feel like …

A. a grown-up

B. a macho person

C. part of the “in-crowd

D. a rebellious

E.an independent person

3. Have you ever tried to quit smoking?

Yes

No.

If yes, how?

A. Cold turkey

B. patch

C. gum,

D. other\_\_\_\_\_\_\_\_\_\_

6. How much do you smoke per day?

A.1-4 cigarettes per day

B.5-9 cigarettes per day

C.10-13 cigarettes per day

D. more than 14 cigarettes per day

7. How much pack/s per week do you smoke?

A.1-3 Packs per week

B.4-6 packs per week

C.7-9 packs per week

D. more than 10 packs per week

8. What do you like about smoking? (You can choose more than one.)

A. It makes me relax

B. It makes me more awake

C. It makes me concentrate moreD. It is just a habit

E. others :

9. What activities do you associate most with smoking?

A. Waking up

B. After meals

C. TV/computer

D. Social activities

E. other

10. Where do you smoke the most?

A. Indoors

B. Outside

C. Driving

D. Work

E. Other:

11. Do any feelings trigger your smoking? (Circle and add your own answer if

necessary.)

Stress, frustration, boredom, loneliness, anger, sadness, need to concentrate, wanting to be like the others. Other:

12. Does anyone in your household smoke? If yes,who? (example: father, mother, brother, friends, etc)

13. Does anyone nag you about quitting? If yes, who? (example: father, mother, brother, friends, etc)

13. Who supports you in quitting?

14. “I want to stop smoking because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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